

Jefferson County Curbside Nutrition Program Registration Form

Date _____ First Name _____ Last Name _____ Middle Initial _____

Date of Birth _____ Age _____

Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Cell Phone _____

Circle your responses:	Gender	Male Female		Living Alone?	Yes No		
	Marital Status	Single Married Widowed Divorced Life Partner Other					
	Race	American Indian/Native Alaskan Black/African American Asian Hispanic Native Hawaiian/Pacific Islander White (Non-Hispanic) Other					
	Ethnicity	Hispanic or Latino Not Hispanic or Latino					
	Income Status	If you are a one-person household, is your income: Above Below \$1,073 per month? If there are two people in your household, is your income: Above Below \$1,452 per month?					

NUTRITION CHECK: Put a check mark next to statements below that apply to you.

- ☐ I have an illness or condition that made me change the kind and/or amount of food eat.
- ☐ I eat fewer than 2 meals per day.
- ☐ I eat few fruits or vegetables or milk products.
- ☐ I have 3 or more drinks of beer, liquor or wine almost every day.
- ☐ I have tooth or mouth problems that make it hard for me to eat.
- ☐ I don't always have enough money to buy the food I need.
- ☐ I eat alone most of the time.
- ☐ I take 3 or more different prescribed or over-the-counter drugs a day.
- ☐ Without wanting to, I have lost or gained 10 pounds in the last 6 months.
- ☐ I am not always physically able to shop, cook and/or feed myself.

PLEASE TURN THIS PAGE OVER AND COMPLETE PAGE 2

ADL (Activities of Daily Living)

Place a check mark next to any activity that is difficult for you.
<input type="checkbox"/> Getting in and out of the bath or shower or preparing the bath, washing and drying
<input type="checkbox"/> Dressing and undressing
<input type="checkbox"/> Completing toilet activities and personal hygiene
<input type="checkbox"/> Getting in and out of bed or a chair
<input type="checkbox"/> Using utensils and eating without help
<input type="checkbox"/> Walking up and down a flight of stairs or walking without assistance

IADL (Instrumental Activities of Daily Living)

Place a check mark next to any activity that is difficult for you.
<input type="checkbox"/> Preparing your own meals
<input type="checkbox"/> Medication management
<input type="checkbox"/> Handling bill paying, banking, etc.
<input type="checkbox"/> Doing heavy housework and outside chores
<input type="checkbox"/> Doing light housework
<input type="checkbox"/> Shopping for personal items and/or groceries
<input type="checkbox"/> Traveling in a van, taxi, bus or car
<input type="checkbox"/> Answering the telephone or calling out on the telephone

Please provide the name of an Emergency Contact (available 10:30 AM - 1:00 PM):

Name _____ Relationship to you _____

Home Phone _____ Cell _____ Work Phone _____

PRIVACY STATEMENT

"The information you are being asked to provide is needed to determine if you are eligible to receive Older Americans Act Services and to comply with federal reporting requirements. This information will be stored in a secure electronic database and will not be used for any other purpose. Your information will not be shared with another agency without your permission. This information will not be sold to anyone. You have the right to review your electronic record and request changes to assure accuracy. You will not be denied most services if you refuse to provide this information. If you have questions, please call the Aging & Disability Resource Center (ADRC) of Jefferson County at 920-674-8734."

